

Jaileen Juan

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Coaching Experience

Peachtree Ridge High School

Suwanee, GA

May 2017 to Present (LAY Coach Certified)

Varsity Head Coach / Volleyball Director

- Oversee the volleyball program at Peachtree Ridge High School.
- Train and develop athletes at a varsity level.
- Created work plans for the development and personal goals of each athlete.
- Provided athletes with a strong foundation of discipline and code of conduct.
- Helped improve and maintain a high standard of physical health of each athlete in order to prevent injuries or recover from previous injuries.
- Scheduling.

GA5 Volleyball Club

Suwanee, GA

September 2015 to Present

(USA Volleyball IMPACT Certified)

(TEAM USA SafeSport Training Certified)

(Positive Coaching Alliance Certified)

15-2 Jaileen – Head Coach (2016-to present)

15-1 Jaileen – Head Coach (2015-2016 season)

- Coached and instructed players individually and in groups, regarding the rules, regulations, equipment, and technique in Volleyball.
- Assessed the level of skill of each individual athlete and worked along with each of them to improve their set of skills and assign positions. Created a work plan for the development and personal goals of each athlete.
- Helped improve and maintain a high standard of physical health of each athlete in order to prevent injuries or recover from previous injuries.
- Determined each game's strategy based on the team's momentum and capabilities.
- Instructed team members on how to play effectively and winningly.
- Provided athletes with a strong foundation of discipline and code of conduct.
- Encouraged and motivated each athlete to perform well in their academics as well as in volleyball.

South Gwinnett High School

Snellville, GA

June 2015 to September 2015

Varsity Team – Team Developer

- Created drills to develop and further challenge and improve the varsity team.



South Gwinnett High School

Snellville, GA

Summer 2011 to Summer 2014

Summer/Regular Season Strength and Conditioning Coach

- Conducted training in the form of agility, weight training and endurance for incoming and returning volleyball players.
- Assessed athlete's skills in serving, setting, blocking, and hitting.

Coaching Philosophy:

As a player, I had an immense passion and love for the game and I was highly motivated to win. As a coach, I hope to give and instill in each athlete that same passion, competitive spirit and skill set to take them to the next level. I am a firm believer that with team work, hard work, dedication and discipline there is no limit to one's potential.

Playing Experience

Kennesaw State University

Kennesaw, GA

Fall 2010-2012

Club Level Competitive Volleyball (Co-ed Team)

Team Member

- Position: Setter (2010-2012)

Kennesaw State University

Kennesaw, GA

Fall 2010 to Spring 2012

Intramural High Level Competitive Volleyball (Co-ed Team)

Team Member

- Position: Setter (2010-2012)
- Team was University wide tournament champions for 2 consecutive years.

Kennesaw State University

Kennesaw, GA

Fall 2010 to Spring 2012

Intramural High Level Competitive Volleyball (Women's Team)

Team Member

- Position: Setter (2010-2012)
- Team won championship game Fall 2011.



Kennesaw State University

Kennesaw, GA

Fall 2010 to Spring 2012

High Level Competitive Beach Volleyball (Co-ed Team)

Team Member

- Position: Setter/ Defensive Specialist (2010-2012)

Atlanta Boom Volleyball Institute

Atlanta, GA

July 2009 to May 2010

Team Member

- Member of the 18- Team
- Position: Setter (2009-2010)

Atlanta Boom Volleyball Institute

Atlanta, GA

July 2008 to May 2009

Team Member

- Member of the 17- Team
- Position: Outside Hitter (2008-2009)/ Setter (2009)

South Gwinnett High School

Snellville, GA

June 2006 to November 2009

Team Member

- Member of JV Volleyball Team (2006)
- Member of the Varsity Volleyball Team (2006-2009)
- Position: Outside Hitter (2006-2009)/ Setter (2008-2009)
- Most Valuable Player 2008 Season (Junior)/ 2009 Season (Senior)
- Hold the record for most aces through high school career for SGHS
- Hold offensive record on assist with the most sets (2008-2009) for SGHS
- Team Captain all through high school

Georgia Games in Metro Atlanta

Atlanta, GA

Summer 2009/Summer 2010

Team Member

- Position: (Setter)

Colegio La Milagrosa

Mayaguez, Puerto Rico

From 2000-2003

Team Member

- All around player on a Juniors Team and competed Nationally through Puerto Rico.
- Trained under former UPR-Mayaguez College Coach Kenneth Rivera.